

## First Coast Rowing Club 2019 – 2020 Commitments

### Conduct

I understand as a member of the First Coast Rowing Club that any conduct that necessitates disciplinary action affects me, the boat to which I am assigned, and possibly the entire team. Coaches may determine consequences for unacceptable behavior. Any unsportsmanlike conduct during a race, including language, is subject to review by race officials, and may result in a warning, exclusion of the boat, or disqualification of the entire team.

Initials: \_\_\_\_\_ Rower \_\_\_\_\_ Parent

### Equipment

Commitment includes cooperation in caring for and putting away equipment. I understand that I am responsible for the crew equipment and that I will not be dismissed from any practice or race until all equipment is put away.

Initials: \_\_\_\_\_ Rower \_\_\_\_\_ Parent

### Practice

As a member of First Coast Rowing Club, I understand the high level of teamwork necessary. In a competitive crew, all members must be present at all practices for the success of the crew. I understand that to be considered for placement in a competition level boat, I must attend all practices including Spring Break two-a-days if my spring break coincides with the Duval County Public Schools. I understand that if my spring break occurs at another time, I am still required to attend regular afternoon and Saturday practices during my spring break. I understand that if I must miss practice for any reason, I must CALL First Coast Rowing Club Coach 24 hours in advance at (904) 479-6325.

Initials: \_\_\_\_\_ Rower \_\_\_\_\_ Parent

### Travel

Commitment includes travel to and from races, which is done as a team. I understand that I represent First Coast Rowing Club and I am accountable for my actions while traveling with the group. I understand that I will not be released early from a race.

Initials: \_\_\_\_\_ Rower \_\_\_\_\_ Parent

### Continuing Team Membership

I understand that rowing is 'self-cutting'. Any of the following may result in being cut from the team: substance abuse, skipping school, poor grades, missing practice without prior notice to the Head Coach.

Initials: \_\_\_\_\_ Rower \_\_\_\_\_ Parent

### Lettering

I understand that to earn my Letter in Crew, I must successfully complete the Spring Season, including attendance at the Rowing Awards Banquet.

Initials: \_\_\_\_\_ Rower \_\_\_\_\_ Parent

Rower Name: \_\_\_\_\_  
Last, First

## Volunteering

Parent volunteers, along with rowers and coaches, are vital components of First Coast Rowing Club. Most volunteer opportunities require no experience; training will be provided by another parent or the coaches. I understand that First Coast Rowing Club will explain the Volunteer Requirement expected of each family.

Initials: \_\_\_\_\_ Rower \_\_\_\_\_ Parent

## Financial

Commitment includes financial obligations. Costs for training and running the program are far in excess of the rowers fees charged and remain the same regardless of when rowers join. I understand that I am responsible for paying the entire rowers fee regardless of late enrollment or rower absences. I understand that a late fee of \$10.00 will be applied to all accounts with payments made after the 15th of the month. I understand that an account 10 days past due renders the rower ineligible to participate in training or races until the account is brought up to date. I understand that I will not be eligible to compete in state or post-season competition until all financial obligations are met. I understand that my family and I will not be eligible to participate in the Crew Awards Banquet unless all financial obligations have been met.

Initials: \_\_\_\_\_ Rower \_\_\_\_\_ Parent

## Dismissal and Late Pick-up

Coaches dismiss practice at 6:30 p.m. weekdays and noon on Saturday after all equipment is put away. Race activities will run later! A late fee of \$15 + \$1 for each additional minute will be assessed for pick-up of rower 15 minutes after dismissal. The rower is ineligible to participate in training or races until late fee is paid.

Initials: \_\_\_\_\_ Rower \_\_\_\_\_ Parent

## Swim Competency

I certify that I can swim, can tread water for 10 minutes, and understand that in case of an emergency, I am to stay with my boat unless instructed otherwise by a coach or responsible adult.

Initials: \_\_\_\_\_ Rower \_\_\_\_\_ Parent

## Consent to Photographs

I(we) grant to Stanton Rowing Foundation, Inc., dba First Coast Rowing (FCRC) their representatives, employees and assignees ('FCRC') the right to take photographs or videos of my child/Rower. I(we) authorize FCRC, and grant to its assignees and transferees the non-exclusive right, without payment to Rower, to copyright, use and publish the same in print and/or electronically. I(we) agree that FCRC, may use such photographs of Rower for any lawful and legitimate purpose, including for example, such purposes as publicity, illustration, advertising and Web content and that I(we) or any party on my(our) behalf will not assert any claim against FCRC, including without limitation claims based on invasion of privacy or right of publicity in connection with FCRC's use of the photographs or video images in Rower's name or likeness. I(we) will not have the right to rescind this Release or to restrain your publication or use of such work.

Initials: \_\_\_\_\_ Rower \_\_\_\_\_ Parent

\_\_\_\_\_  
Parent signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Rower signature

\_\_\_\_\_  
Date

